

Take a look at what is going on with Charlie's House!



e-newsletter



Charlie's House was named in honor of Charlie Horn, a 2 year old boy, who was killed in 2007 when a small dresser in his bedroom fell on him.

The mission of **Charlie's House** is to prevent injuries to children in and around the home.

[DONATE NOW](#)

Charlie's House provides safety information, materials, and furniture straps free of charge as a way of helping keep children in our community safe. If you would like to help us

Home Run for Safety 5k, 3k and 0.4k Kids Fun Run

HOMERUN FOR SAFETY

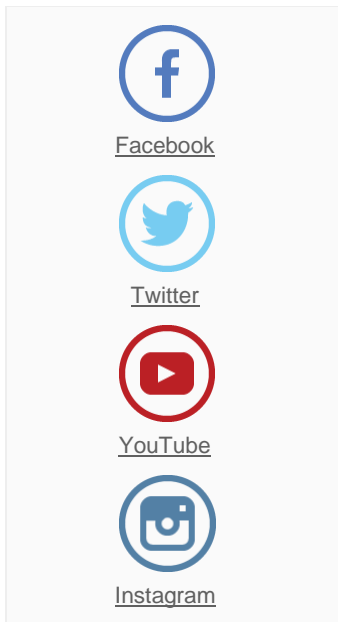
5K, 3K & .4K Kids'Run



Register today for the 3rd annual Home Run for Safety 5k, 3k and 0.4k Kids Fun Run, Sept 13th. Come out and support your local home town charity. The festivities will be held at The Theater in the Park at Shawnee Mission Park, 7900 Renner Road, Shawnee, Kansas and the race routes are on a scenic paved trail. This fun-filled event will feature:

- A 5k run/walk with a certified route,
- A 3k run/walk loop (not timed), and
- A 0.4k Kids' Fun Run.
- Medals for the top finishers of the 5k (by age category).

achieve our mission of preventing injuries to children in and around the house, please consider a financial donation to Charlie's House.



- A Kids' Zone with face painting, games, cookie decorating, superheroes, prizes (including some socks donated by **Notes to Self**), and a baseball field provided by **i9Sports** for the younger kids.
- Safety educators available to provide **free furniture straps**, safety checklists and safety demonstrations.
- A bike safety professional fitting and distributing **free bike helmets**. (Sizes and quantities limited and available on a first come first served basis. Must be present at the event to receive the helmet.)
- The Health and Wellmobile providing free blood pressure checks, blood glucose tests, and hearing screenings.
- **F.I.T.** providing soft tissue treatments.
- Weather permitting, the **Children's Mercy Ambulance** will land and be available to tour.
- Tours and fire safety information at the **Shawnee Fire Department's** Firetruck.

Additionally, all registered 5k and 3k participants will be entered into a drawing for:

- A \$100 VISA gift card, compliments of the Health and Wellmobile
- A \$75 gift card from The Bar Method for 1 month unlimited sessions at the Westwood or Leawood location

Event pricing:

5K Run/Walk: **\$30** until Sep 1, 2015; \$35 Sep 2-Sep 12; \$40 on race day

3K Run/Walk: **\$20** until Sep 1, 2015; \$25 Sep 2-Sep 12; \$30 on race day

\$3 discount for families of 4 or more for the 5K and

3K

Kids' 0.4K fun Run: \$10

All 5k and 3k participants who register by September 1st will be guaranteed a long sleeve tech style shirt!



***Register now to avoid the
September 1st price increase!***

Cannot attend the race but would like to make a donation?

Click [here](#) to support our event. Thank you for your support, and we look forward to seeing you all at the race.

National Baby Safety Month

September is National Baby Safety Month. Since babies spend most of their time sleeping, it is important to focus on a safe sleep environment to help reduce the risk of SIDS (Sudden Infant Death Syndrome).

1. ALWAYS put your baby on **its back** to sleep; every nap and every night.
2. Use a firm sleep mattress with a fitted sheet.
3. Baby should sleep alone.
4. Remove all soft objects from the crib, including bumper pads, blankets, pillows, & stuffed toys. If you feel the need to use a bumper pad, use the mesh “breathable” kind.
5. Baby should wear a onesie, sleeper, or sleep sack for warmth rather than being wrapped or covered with blankets.
6. Do not allow smoking in your home or around your baby.
7. Do not allow your baby to overheat. Room temperature should be between 68-72 ° F.
8. Avoid the use of positioners & other products that claim to reduce the risk of SIDS.
9. Check on your baby frequently.
10. Consider the use of a pacifier during sleep. If breastfeeding, wait approximately one month for breastfeeding to be well-established prior to introducing a pacifier.
11. Check your crib and other products to make sure they meet federal safety standards.

Car seat safety is also an extremely important parental responsibility. For the best protection, keep your baby in a rear-facing child safety seat in a back seat for as long as possible. As of March

2011, American Academy of Pediatrics (AAP) recommendations urge parents to keep children rear facing up to **at least the second birthday** or up to the height or weight limit of the seat. Hundreds of vehicles and car seats on the market make using your baby's car seat very confusing. It is important to read the manual for the safety seat and the manual for the vehicle that you'll be using. Go to a car seat check station for help from certified Child Passenger Safety Technicians (CPSTs), who will teach you about installing the car seat correctly before the baby is born. Then go again after the baby is born to be sure they are fitted in the seat correctly. Many seat check stations require an appointment, but there are some open events. To find a car seat check station, go to www.seatcheck.org or www.nhtsa.dot.gov for the National Highway Traffic Safety Administration.

For more information, visit the

[Back to Sleep Campaign](#)

[Consumer Product Safety Commission](#)

[Juvenile Product Manufacturer's Association](#)

[Recalled Products](#)

[SIDS Resources](#)



Charlie's House was honored to be the 50/50 charity at the Kansas City Royals game on July 7th. A big thank you to the Royals as well as all of the fans that came out and purchased raffle tickets on behalf of one of their favorite local charities!

FREE Home Safety Items!

Our mission here at Charlie's House is to keep children safe in and around the home, and as part of that mission we have begun offering complimentary safety items, available for order through our website! Just visit www.charlieshouse.org and click the "Order Complimentary Safety Items" button in the upper right corner to place an order for furniture straps, printed home safety checklists, home safety slides -- and now, with thanks to the **Impact KC** grant, you can also order complimentary television straps, cabinet locks and outlet covers as well! Order now

to keep the Charlies in your life safe.

Dine and Dance with the Stars

Charlie's House was proud to be part of the Brian Mitchell Anselmo Foundation's Dine and Dance with the Stars in June. A giant thank you to Bob Fescoe from 610 Sports Radio for being the dancer for Charlie's House this year!



Charlie's parents, Brett and Jenny Horn, also presented Jerry Anselmo, Brian's father, with an appreciation gift for their continued support of Charlie's House.



When you shop on Amazon, don't forget to start at AmazonSmile! When you do, Amazon donates 0.5% of the purchase price to Charlie's House. Please bookmark smile.amazon.com and support us every time you shop!

Charlie's House teams up with *Anchor It!* Campaign

Charlie's House is honored to team up with the Consumer Product Safety Commission's National Campaign *Anchor It!* Check out the [website](#) for great information about how to safety-proof your home.

In addition, the *Anchor It!* Campaign was featured

on Good Morning America. Check out this [link](#) to view this segment of the show and find out additional information about how to keep your children safe.