

## Child Car Safety *(continued)*

This tragedy can be prevented if parents, caregivers, bystanders and the public remember to **ACT**:

**A** Avoid heatstroke-related injury and death by never leaving your child alone in a car, not even for a minute. And make sure to keep your car locked when you're not in it so kids don't get in on their own.

**C** Create reminders by putting something in the back of your car next to your child such as a briefcase, a purse or a cell phone that is needed at your final destination. This is especially important if you're not following your normal routine.

**T** Take action. If you see a child alone in a car, call 911. Emergency personnel want you to call. They are trained to respond to these situations. One call could save a life.

Source: [www.safekids.org](http://www.safekids.org)

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**Executive Director**  
John McCarthy

6324 N. Chatham Avenue  
Suite 223  
Kansas City, MO 64151  
[www.charlieshouse.org](http://www.charlieshouse.org)



# newsletter

September 2013

Charlie's House was named in honor of Charlie Horn, a 2 year old boy, who was killed in 2007 when a small dresser in his bedroom fell on him.

The mission of Charlie's House is to prevent injuries to children in and around the home. Within the next 12 to 24 months, we plan to open a safety demonstration house in Greater Kansas City where caregivers can experience firsthand how to safety-proof their homes. In the meantime, we will continue with our education and awareness initiatives to keep children safe.

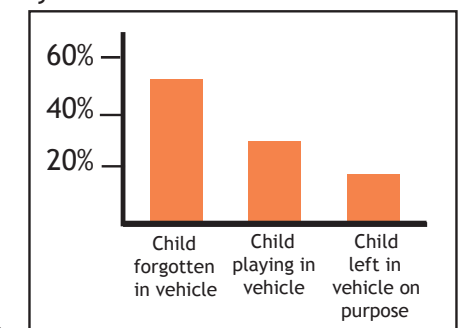


Charlie's House Inc. is a nonprofit 501(c)(3) organization.

## Never Leave A Child Alone in a Car

Since 1998, more than 550 children across the United States have died from heatstroke when unattended in a vehicle. This has happened in nearly all 50 states and throughout the year.

Of these deaths, 52 percent were because a child was "forgotten" in a vehicle, 29 percent were because a child was playing in an unattended vehicle and became trapped, and 18 percent were because a child was intentionally left alone.



The number of near-misses - children who were rescued before a fatality - is significantly higher.



Temperatures inside a car can rise 19 degrees in only 10 minutes. Leaving windows slightly open can have little effect on the inside temperature of a vehicle.

A child's body heats up three to five times faster than an adult's body. Children's internal systems to regulate

body temperature are not fully developed, and they absorb heat and generate heat under stress more quickly than adults.

When body temperature reaches 104 degrees, internal organs start to shut down. When it reaches 107 degrees, the person dies. Symptoms can quickly progress from flushed, dry skin and vomiting to seizures, organ failure or death.

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## New "Safety Tip of the Month" Section on our Website

Check out the Charlie's House website. We will be posting a safety article every month. Please visit our site often to get the latest updates on keeping your home safe.

<http://www.charlieshouse.org/safety/safety-tip-of-the-month/>

# HOMERUN FOR SAFETY

5K and Kids' Run



charlie's house  
The Home Safety Site  
charlieshouse.org

## Join us for the inaugural race!

The first annual **Charlie's House Home Run for Safety 5K Run/Walk and Kid's Run** will be **Sunday, September 29th** at 8:00 am, at CommunityAmerica Ball Park in Kansas City, Kansas. To register, visit [www.charlieshouse.org](http://www.charlieshouse.org), or fill out the registration form on the

next page and mail to: Charlie's House, 6324 North Chatham Avenue, Suite 223, Kansas City, Missouri 64151. We look forward to seeing you there!

## Fani Schifman wins Dancing with the Stars, an event sponsored by the Brian Anselmo Foundation

Congratulations to Fani Schifman for winning the Dancing with the Stars competition at the Brian Anselmo Foundation's annual event. Fani raised the most money for her charity, Charlie's House! Very well done! Family, friends and all of those involved at Charlie's House are truly grateful, and send a sincere congratulations. A check was presented this month by Jerry Anselmo to Brett Horn and John McCarthy. Thank you to our friends at the Brian Anselmo Foundation for allowing Charlie's House to participate in Dancing with the Stars!



Jerry Anselmo presents a check to Brett Horn for the funds raised for Charlie's House at Dancing with the Stars

## Would you like to know more about Charlie's House?

If you are part of a civic or social group and would like more information about in-home safety and our organization, please email us to schedule a speaker: [mcollins@charlieshouse.org](mailto:mcollins@charlieshouse.org)



# Charlie's House Home Run for Safety RACE REGISTRATION FORM

FirstName \_\_\_\_\_ LastName \_\_\_\_\_ Gender: Male \_\_\_ Female \_\_\_  
 Email: \_\_\_\_\_ Date of Birth (Mon/day/yr) \_\_\_/\_\_\_/\_\_\_  
 Address: \_\_\_\_\_ Apt/Suite: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_  
 Primary Phone Number: \_\_\_\_\_ Alternate Phone Number: \_\_\_\_\_

**T-Shirt Size:** T-shirts are tech-style – they run small, so order a size larger than you would order in a cotton style. To guarantee a t-shirt on race day, please register by September 19, 2013.

Youth sizes: \_\_\_ Small \_\_\_ Medium \_\_\_ Large  
 Adult sizes: \_\_\_ Small \_\_\_ Medium \_\_\_ Large \_\_\_ X-Large \_\_\_ 2XL

### Event Registration:

- 5K Run - \$30 till 9/26, \$35 Race Day (Race Day Registration Starts at 7AM)  
Create Team /Join a team Participating on team: \_\_\_\_\_
- 5K Walk - \$30 till 9/26, \$35 Race Day (Race Day Registration Starts at 7AM)  
Create Team /Join a team Participating on team: \_\_\_\_\_
- Kid's Fun Run - \$10.00 - Approximately 9:15 AM, Sunday, September 29, 2013
- I cannot attend but would like to make a donation of \$ \_\_\_\_\_
- I am attending and would like to make an additional donation of \$ \_\_\_\_\_

*Please note: Entry Fees are non-refundable. If the event is cancelled for any reason, no refunds will be made. While every effort will be made to conduct the event, the race will be canceled if the weather or course condition is judged to be hazardous.*

### Payment Information:

Name as it appears on card: \_\_\_\_\_  
 Please circle: VISA MasterCard AmericanExpress  
 Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_  
 Email Address (Only used to send you a receipt): \_\_\_\_\_  
 Billing Address: \_\_\_\_\_ Apt/Suite: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zipcode: \_\_\_\_\_

**Waiver:** I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and understood by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of this event, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Participant Signature: \_\_\_\_\_